

## **IMPROVING ACCESS TO MAINSTREAM SERVICES FOR PEOPLE EXPERIENCING CHRONIC HOMELESSNESS**

### **RESOURCE MANUAL**

[www.prainc.com/uploads/PA\\_CH\\_CD](http://www.prainc.com/uploads/PA_CH_CD)

This resource manual was used in Policy Academy 6 and all of its contents and files can be downloaded at the above website. The Table of Contents from this binder is attached here. Please go to the above site or contact PRA directly at [nrc@prainc.com](mailto:nrc@prainc.com) or by phone at 1-800-444-7415 for more information on or copies of this document.

*The views expressed in written conference materials or publications and by speakers and moderators at HHS-sponsored conferences do not necessarily reflect the official policies of HHS; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.*

# Improving Access to Mainstream Services for People Experiencing Chronic Homelessness

---

## Resource Manual Table of Contents

### **Chronic Homelessness**

Burt, M.R., Hedderson, J., Zweig, J., Ortiz, M.J., Aron-Turnham, L., & Johnson, S.M. (2004) *Strategies for Reducing Chronic Homelessness: Final Report*. Washington, D.C. U.S. Department of Housing and Urban Development.

Burt, M.R. (2001) *What will it take to end homelessness?* (brief) Washington, DC: Urban Institute.

Culhane, D. and Kuhn, R. (1998) Patterns and determinants of public shelter utilization among homeless adults in New York City and Philadelphia. *Journal of Policy Analysis and Management*, 17(1): 23-43.

Fannie Mae Foundation. (2002) New strategies and collaborations target homelessness. *Housing Facts & Findings*, 4(5).

Kuhn, R. and Culhane, D. (1998) Applying cluster analysis to test a typology of homelessness by pattern of shelter utilization: Results from the analysis of administrative data. *American Journal of Community Psychology*, 26(2): 207-232.

National Alliance to End Homelessness. (2003) *Toolkit for Ending Homelessness*. Washington, DC: The National Alliance to End Homelessness.

Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. (2003) *Blueprint for Change: Ending Chronic Homelessness for Persons with Serious Mental Illnesses and/or Co-Occurring Substance Use Disorders*. Rockville, MD: Substance Abuse and Mental Health Services Administration, Center for Mental Health Services.

U.S. Department of Health and Human Services. (2003) *Ending Chronic Homelessness: Strategies for Action*. Washington, DC: U.S. Department of Health and Human Services.

### **Mainstream Resources/Funding**

Bazon Center for Mental Health Law. (2003) *Recovery in the Community (Volume II): Program and Reimbursement Strategies for Mental Health and Rehabilitative Approaches Under Medicaid*. Washington, DC: Bazon Center for Mental Health Law

Bazon Center for Mental Health Law. (2001) *Recovery in the Community: Funding Mental Health Rehabilitative Approaches Under Medicaid*. Washington, DC: Bazon Center for Mental Health Law

Bristol, K & Greiff, D. (2004) *Supportive Housing Financing Sources Guide*. New York, NY: Corporation for Supportive Housing.

Charles and Helen Schwab Foundation. (2003) *Holes in the Safety Net: Mainstream Systems and Homelessness*. San Mateo, CA: Charles and Helen Schwab Foundation.

Corporation for Supportive Housing (2002) *Financing the Support in Supportive Housing: Challenges and Opportunities in the Medicaid Program*. New York, NY: Corporation for Supportive Housing.

Eiken, S., Galantowicz, S. (2004) *Improving Medicaid Access for People Experiencing Chronic Homelessness: State Examples*. Baltimore, MD: Centers for Medicare and Medicaid Services.

National Governors Association. (2002) *Medicaid and Other State Healthcare Issues: The Current Situation. Supplement to the May 2002 Fiscal Survey of States*. Washington, DC: National Governor's Association.

O'Hara, A., Cooper, E. (2003) *Priced Out in 2002*. Boston, MA: Technical Assistance Collaborative, Inc.

Post, P. (2001) *Casualties of Complexity: Why Homeless People Are Not Enrolled in Medicaid*. Nashville, TN: National Health Care for the Homeless Council.

Reynolds, M.L. (2003) *Federal Funding Sources for Rural Areas: Fiscal Year 2003*. Beltsville, MD: Rural Information Center.

Smith, V.K. (2002) *Making Medicaid Better: Options to allow States to continue to participate and to bring the program up to date in today's health care marketplace*. Washington, DC: National Governor's Association.

Substance Abuse and Mental Health Services Administration, Center for Mental Health Services. (2003) *How States Can Use SAMHSA Block Grants to Support Services for People Who Are Homeless*. Rockville, MD: Substance Abuse and Mental Health Services Administration, Center for Mental Health Services.

Technical Assistance Collaborative. (2001) *How To Be a "Player" in the Continuum of Care: Tools for the Mental Health Community*. Boston, MA: Technical Assistance Collaborative, Inc.

Technical Assistance Collaborative. (1999) *Seizing the Moment: Using HUD's Consolidated Plan to Identify Affordable Housing Opportunities for Homeless People with Serious Mental Illnesses*. Delmar, NY: National Resource Center on Homelessness and Mental Illness.

## **Evidence-Based & Promising Practices**

### ***Outreach & engagement***

Lam, J.A., Rosenheck, R. (1999). Street outreach for homeless persons with serious mental illness: Is it effective? *Medical Care* 37(9): 894-907.

Morse, G.A., et al. (1996). Outreach to homeless mentally ill people: Conceptual and clinical considerations. *Community Mental Health Journal* 32(3): 261-274.

Tommasello, A.C., Myers, C.P., Gillis, L., Treherne, L.L., Plumhoff, M. (1999) Effectiveness of outreach to homeless substance abusers. *Evaluation and Program Planning* 22(3): 295-303.

Witheridge, T.F. (1991). The active ingredients of assertive outreach. *New Directions form Mental Health Services* 52: 47-64.

### ***Housing & supportive services***

Culhane, D., Metraux, S., and Hadley, T. (2002) Public service reductions associated with placement of homeless persons with severe mental illness in supportive housing. *Housing Policy Debate*, 13(1): 107-163.

Lipton, F.R., Siegel, C., Hanningan, A., Samuels, J., and Baker, S. (2000) Tenure in supportive housing for homeless persons with severe mental illness. *Psychiatric Services*, 51(4): 479-486.

Osher, F.C. and Dixon, L.B. (1996) Housing for persons with co-occurring mental and addictive disorders. *New Directions for Mental Health Services*, 70: 53-64.

Tsemberis, S., and Eisenberg, R.F. (2000) Pathways to housing: Supported housing for street-dwelling homeless individuals with psychiatric disabilities. *Psychiatric Services*, 51(4): 487-493.

### ***Case management/multi-disciplinary treatment teams***

Meisler, N., Blankertz, L., Santos, A.B., McKay, C. (1997). Impact of Assertive Community Treatment on homeless persons with co-occurring severe psychiatric and substance use disorders. *Community Mental Health Journal* 33(2): 113-122.

Morse, G. (1999). A review of case management for people who are homeless: Implications for practice, policy, and research. In Fosburg, L.B., Dennis, D.L. (eds.) *Practical Lessons: The 1998 National Symposium on Homelessness Research*. Delmar, NY: National Resource Center on Homelessness and Mental Illness.

Rosenheck, R.A. and Dennis, D. (2001) Time-limited assertive community treatment for homeless persons with severe mental illness. *Archives of General Psychiatry* 58(11): 1073-1080.

### ***Health care***

McMurray-Avilla, M., Gelberg, L., and Breakey, W.R., (1999) Balancing act: Clinical practices that respond to the needs of homeless people, In Fosburg, L., and Dennis, D. (eds.). *Practical Lessons: The 1998 National Symposium on Homelessness Research*. Washington, DC: HUD and HHS.

### ***Mental health***

Susser, E., Goldfinger, S., White, A. (1990) Some clinical approaches to the homeless mentally ill. *Community Mental Health Journal* 26(5): 463-480.

### ***Substance abuse***

Cox, G.B., Walker, D., Freng, S.A., Short, B.A., Meijer, L., Gilchrist, L. (1998) Outcome of a controlled trial of the effectiveness of intensive case management for chronic public inebriates. *Journal of Studies on Alcohol* 59(5): 523-532.

Oakley, D.A., Dennis, D.L. (1996) Responding to the needs of homeless people with alcohol, drug, and/or mental disorders. In Baumohl, J. (ed.), *Homelessness In America*. Phoenix, AZ: Oryx Press, 179-186.

Orwin, R.G., Mogren, R.G., Jacobs, M.L., Sonnefeld, L.J. (1999) Retention of homeless clients in substance abuse treatment: Findings from the National Institute on Alcohol Abuse and Alcoholism Cooperative Agreement Program. *Journal of Substance Abuse Treatment* 17(1-2): 45-66.

Zerger, S. (2002) *Substance Abuse Treatment: What Works for Homeless People?: A Review of the Literature*. Nashville, TN: National Health Care for the Homeless Council.

### ***Income support***

Rosen, J., Hoey, R. and Steed, T. (2001) Food stamps and SSI benefits: Removing access barriers for homeless people. *Clearinghouse Review* 34: 679-696.

Rosenheck, R., Frisman, L., Kaspro, W. (1999) Improving access to disability benefits among homeless persons with mental illness: An agency-specific approach to services integration. *American Journal of Public Health* 89(4): 524-528.

### ***Prevention/discharge planning***

Hals, K. (2003) *From Locked Up to Locked Out: Creating and Implementing Post-release Housing for Ex-prisoners*. Seattle, WA: AIDS Housing of Washington.

Interagency Council on the Homeless. (1997). *Exemplary Practices in Discharge Planning: Working Conference on Discharge Planning. Report and Recommendations*. Washington, DC: Interagency Council on the Homeless.

Massachusetts Housing and Shelter Alliance. (2002). *Essential Tools for Discharge Planning*. Nashville, TN: National Health Care for the Homeless Council. (selected parts)

Rodriguez, R. & Brown, B. (2003) *Preventing Homelessness Among People Leaving Prison*. New York, NY: Vera Institute of Justice.

Shinn, M., Baumohl, J. (1999) Rethinking the prevention of homelessness. In Fosburg, L.B., Dennis, D.L. (eds.), *Practical Lessons*. Washington, DC: HHS & HUD.

Susser, E., Valencia, E., Conover, S., Felix, A., Tsai, W., Wyatt, R.J. (1997) Preventing recurrent homelessness among mentally ill men: A "critical time" intervention after discharge from a shelter. *American Journal of Public Health* 87(2): 256-262.

### ***Psychiatric rehabilitation***

Shern, D.L., Tsemberis, S., Anthony, W., Lovell, A.M., Richmond, L., Felton, C.J. Winarski, J., Cohen, M. (2000) Serving street-dwelling individuals with psychiatric disabilities: Outcomes of a psychiatric rehabilitation clinical trial. *American Journal of Public Health*, 90(12): 1873-1878.

### ***Employment***

Cook, J., Pickett-Schenk, S., Grey, D., Banghart, M., Rosenheck, R.A., Randolph, F. (2001) Vocational outcomes among formerly homeless persons with severe mental illness in the ACCESS program. *Psychiatric Services* 52(8): 1075-1080.

Shaheen, G., Miklouchich, F., Dennis, D. (eds). (2001) *Work as a Priority: A Resource for Employing People Who Have a Serious Mental Illness and Who Are Homeless*. Rockville, MD: Center for Mental Health Services.

### ***Consumer involvement***

Glasser, N. (1999). Giving voice to homeless people in policy, practice, and research. In Fosburg, L.B., Dennis, D.L. (eds.) *Practical Lessons: The 1998 National Symposium on Homelessness Research*. Delmar, NY: National Resource Center on Homelessness and Mental Illness.

## **Systems Change**

Dennis, D.L., Steadman, H.J., Coccozza, J.J. (2000). The impact of federal systems integration initiatives on services for mentally ill homeless persons. *Mental Health Services Research* 2(3): 164-174.

International Downtown Business Association. (2000) *Addressing Homelessness: Successful Downtown Partnerships*. Washington, DC: International Downtown Business Association.

National Technical Assistance Center for State Mental Health Planning. (2000) *The Change Agent's Toolbox*. Alexandria, VA: National Technical Assistance Center for State Mental Health Planning.

Rosenheck, R., Morrissey, J., Lam, J., Calloway, M., Johnsen, M., Goldman, H., Randolph, F., Blasinsky, M., Fontana, A., Calsyn, R., Teague, G. (1998). Service system integration, access to services and housing outcomes in a program for homeless persons with severe mental illness. *American Journal of Public Health*, 88(11): 1610-1615.

Wilkins, C., Greiff, D., Proscio, T. (2003) *Laying a New Foundation: Changing the Systems that Create and Sustain Supportive Housing*. New York, NY: Corporation for Supportive Housing.

### **Rural Issues**

Cooper, E., O'Hara, A., Versluys, M.C. (2002) *Opening Doors: Rural Housing Challenges*. Boston, MA: The Technical Assistance Collaborative.

HCH Clinicians Network. (2001) Hard to Reach: Rural Homelessness and Health Care. *Healing Hands* 5(5)

Housing Assistance Council. (2002) *Continua of Care Best Practices: Comprehensive Homeless Planning in Rural America*. Washington, DC: Housing Assistance Council.

Post, P. (2002) *Hard to Reach: Rural Homelessness and Health Care*. Nashville, TN: National Health Care for the Homeless Council.

### **Homeless Management Information Systems (HMIS)**

U.S. Department of Housing and Urban Development. (2002) *Homeless Management Information Systems: Implementation Guide*. Washington, DC: U.S. Department of Housing and Urban Development.

U.S. Department of Housing and Urban Development. (2003) *Homeless Management Information Systems (HMIS) Consumer Guide: A Review of Available HMIS Solutions*. Washington, DC: U.S. Department of Housing and Urban Development.

### **Additional Resources**

Supplemental bibliography

Key TA resources

Sample awareness campaigns